

Cadet: _____

Seabag Requirements for 5 Day Training 2011 All Uniforms Must Have Proper Flashes

Checkoff List	ALL PHONES, MP3 PLAYERS , ETC. ARE CHECKED IN ON ARRIVAL. FAILURE TO FOLLOW THIS RULE WILL RESULT IN IMMEDIATE DISMISSAL OF THE CADET AND RETURN HOME AT PARENT'S EXPENSE AND TIME.	Male	Female	Optional
		Qty Required	Qty Required	
	Current ID CARD	1	1	
	Toiletries	1	1	
	Comb/hair brush/shoe kit	1	1	
	Deodorant/Talc	1	1	
	Feminine supplies	N/A	(As required)	
	Shaving gear	1	(As required)	
	Soap & container	1	1	
	Toothbrush/toothpaste/floss	1	1	
	Wash cloth/towel (white)	2	2	
	Dress Uniform (in garment bag!)			
	Belt buckle, silver	1	1	
***	Belt, white	1	1	
***	Caps, female combo	N/A	1	
***	Dixie cup hats, white	1	N/A	
***	Neckerchief PRESSED	1	N/A	
***	Shoes, dress black (pair)	1	1	
	T-shirts (white-round neck plain)	4	4	
	White jumper & trousers** (in garment bag)	1	1	
	Utilities/Other clothing (in Sea Bag)			
	Ball cap, dark blue	1	1	
***	Dungaree/Utility shirt & trousers	3	3	
	Raincoat (black/dark blue)	OPTIONAL	OPTIONAL	
	Shorts, Navy Blue	OPTIONAL	OPTIONAL	
	Shoes, shower type or beach shoes			
	Shoes, athletic (white only)	1	1	
	NSSC PT SHORTS NAVY BLUE & T-SHIRT GOLD	1	1	
	Socks, athletic (white)	3	3	
	Boondockers - Black Work Boots	1 pair	1 pair	
	Socks, black	2	2	
	Sweats (pants/shirt) Navy blue	1 set	1 set	
	Swim suit - 1 piece SOLID NAVY BLUE	1	1	
	Undershorts (7 pair white), Boxers OK	7	7	
***	Web belt, black	1	1	
***	Work jacket/windbreaker or float coat	1	1	
	T-Shirt: Pride of Michigan	Optional	Optional	
	Miscellaneous Items			
	Sleeping Bag & Pillow	1		
	Camera/film	1	1	
	Water Bottle	1	1	
	Handkerchiefs (white)	2	2	
	Lock, combination	1	1	
	Mesh laundry bag (small)	2	2	
***	Seabag	1	1	
	Sewing kit	1	1	
	Shoe shine kit	1	1	
	Stationary/writing pad/pen	1	1	
	Life jacket (available on ship)	1	1	
	DRAMAMINE - NON-DROWSY FORMULA (OPTIONAL)			
	SCUBA GEAR: NOT REQUIRED MEMORIAL DAY			
	Dive Log showing certification & experience to date	1	1	

Note: Weather conditions are unpredictable; the clothing outlined above will provide comfort in warm, cold and wet-weather.

* Available in laundry section of K-Mart, Wal-Mart, etc. Recommend sweater size rather than lingerie size

** Trousers

*** May be available from current cadet inventory

1) NSSC Flashes must be sewn on all outer garments (except raincoat), i.e., Jumpers, shirts, sweaters & jackets.

3) Cadets last name must be stenciled or sewn on by embroidery patch over the right shirt pocket of the chambrey shirt and the right hip pocket of the dungaree/utility trousers.

4) All other items will be stenciled/marked with the cadets last name

5) Dress uniforms will be stenciled with permanent ink on the manufacturer's tags.