

5-7 DAY SEABAG LIST

Please make sure cadets have their military ID, new insurance card information (new card to be carried with ID at all times), PADI paperwork, updated medical history form, medical supplemental form if needed, DAN insurance card/or copy. We provide the necessary equipment needed for diving. If you have your own please feel free to bring it along. We do have equipment available for purchase if interested please call 248-666-9359

TOILETRIES

- Bug repellent/sunscreen
- Comb/hairbrush
- Toothbrush/toothpaste/floss
- Deodorant
- Shaving gear
- Soap with container
- 2- white washcloth and towels

DRESS UNIFORM IN GARMENT BAG

- White belt with silver belt buckle
- White Dixie cup hats
- Neckerchief
- Black dress shoes
- 4 – white t-shirts
- White jumper and trousers (with proper flashes)

UTILITIES

- Blue Ball Hat or Cover
- 3- Navy Blue T-Shirts
- 3 – pairs of navy blue dungarees (dickie utility pants)
- Black utility shoe/boot
- Shower shoes/flip flops
- Athletic shoes (navy, black or dark grey)
- PT uniform (USNSCC gold shirt and USNSCC navy blue shorts)
- 3– white socks
- 2 – black socks
- USNSCC navy blue sweatshirt and sweatpants
- Navy blue swim trunks (solid color)
- 5 – undergarments (boxers ok/white needed for dress whites)
- Black web belt with silver buckle

MISCELLANEOUS ITEMS

- Camera/film
- Laundry soap/scrub brush
- WATER BOTTLE (MANDATORY)
- Combination lock
- Small laundry mesh bag
- Pillow/sleeping bag
- Sewing kit
- Shoe shine kit
- Sea bag
- Dramamine/eardrops if prone to swimmer ears (optional)
- Small writing pad and pen
- Dive log showing certification and past dive experience
- MANDAOTRY – DAN divers insurance (can be purchased via website at www.interseasexploration.org)
- ALL ELECTRONIC DEVICES ARE CHECKED IN ON ARRIVAL AND WILL BE GIVEN BACK TO CADETS UPON DEPARTURE